



EMERY POOL SCHEDULE

WINTER I: January 1– February 16

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
ADULT LAP SWIM	5:30am–8am 9am–3:30pm 3:30pm–4:45pm (1 lane)	6:30am–8am 9am–3:30pm 3:30–5:30pm (1 lane)	5:30am–8am 9am–1pm 2pm–4:45pm (1 lane)	6:30am–8am 9am–3:30pm 3:30–5:30pm (1 lane)	5:30am–8am 10:15am–3:30pm 3:30–4:45pm (1 lane)	7:00am–4pm	1pm–4pm
WATER AEROBICS	8am–8:45am (Combo–4 lanes)	5:30am–6:30am (Combo– 4 lanes) 8am–8:45am (Deep Water– 4 lanes)	8am–8:45am (Combo– 4 lanes)	5:30am–6:30am (Combo– 4 lanes) 8am–8:45am (Deep Water– 4 lanes)	8am–8:45am (Combo– 4 lanes)		
AQUA ZUMBA	4:45–5:30pm (2 lanes)		4:45–5:30pm (2 lanes)		4:45–5:30pm (2 lanes)		
SWIM LESSONS		3:30pm–5pm (1 lane)	3:30pm–4:15pm (1 lane)			9:15am–10:45am (1 lane)	
DOLPHIN SWIM TEAM	3:30PM–5:15pm (4 lanes)	3:30PM–5:15pm (4 lanes)	3:30PM–5:15pm (4 lanes)	3:30PM–5:15pm (4 lanes)	3:30PM–5:15pm (4 lanes)		
HIGH SCHOOL SWIM TEAM	5:30pm–7:00pm (POOL CLOSED)	5:30pm–7:00pm (POOL CLOSED)	5:30pm–7:00pm (POOL CLOSED)	5:30pm–7:00pm (POOL CLOSED)	5:30pm–7:00pm (POOL CLOSED)		
SCHOOL GROUPS			1:00pm–2:00pm (POOL CLOSED)		9:00am–10:15am (POOL CLOSED)		

POOL SCHEDULES ARE SUBJECT TO CHANGE

Sauna: The sauna is open the hours that the Emery Pool is open. Must be 16+ years to utilize.

Some quick guidelines:

- Children ages 6–10 years must be accompanied by an adult at all times in the pool area.
- Children under 6 years of age as well as non-swimmers must be accompanied by an adult in the water at all times.
- Swim tests are given to anyone under the age of 18 years.
- A non-swimmer or child opting not to take a swim test must wear a US Coast Guard approved lifejacket in water that is over his/her head.

POOL HOURS:

Emery Pool:

Monday–Friday: 5:30am–7:00pm

Saturday: 7:00am–4:00pm

Sunday: 1:00pm–4:00pm

Therapy Pool:

Monday–Friday: 7:00am–7:00pm

Saturday: 7:00am–4:00pm

Sunday: 1:00pm–4:00pm





THERAPY POOL SCHEDULE

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FOR HEALTHY LIVING
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
ADULT ONLY THERAPY TIME	7am-9am	7am-9am	7am-9am	7am-9am	7am-9am	7am-8am	
OPEN/FAMILY SWIM	9:30am-7pm	9am-1pm 3pm-7pm	9:30-1pm 2pm-4:15pm 4:45pm-7pm	9am-10am 10:45am-1pm 3pm-7pm	9:30am-10am 10:45am-1:30pm 2:15pm-3pm 4pm-7pm	9am-4pm	1pm-4pm
STRETCH & BALANCE	9am-9:30am		9am-9:30am		9am-9:30am		
SWIM LESSONS			4:15pm-4:45pm	10am-10:45am	10am-10:45am 1:30pm-2:15pm	8am-9am	
RENTALS		1pm-3pm (POOL CLOSED)		1pm-3pm (POOL CLOSED)		*Birthday parties as scheduled 11am-12pm OR 2pm-3pm	*Birthday parties as scheduled 2pm-3pm
SCHOOL GROUPS			1:00pm-2:00pm (POOL CLOSED)		3pm-4pm		

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