



# EMERY POOL SCHEDULE

**BREAK WEEK: April 14-21**

**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>ADULT LAP SWIM</b>	5:30am-8am 8am-9am (2 lanes) 9am-7pm	5:30am-8am 8am-9am (2 lanes) 9am-7pm	5:30am-8am 8am-9am (2 lanes) 9am-7pm	5:30am-8am 8am-9am (2 lanes) 9am-7pm	5:30am-8am 8am-9am (2 lanes) 9am-7pm	7:00am-4pm	<b>CLOSED</b>
<b>WATER AEROBICS</b>	8am-8:45am (Combo-4 lanes) 5pm-5:45pm	5:30am-6:30am (Combo- 4 lanes) 8am- 8:45am (Deep Water — 4 lanes)	8am-8:45am (Combo- 4 lanes)	5:30am-6:30am (Combo- 4 lanes) 8am- 8:45am (Deep Water — 4 lanes)	8am-8:45am (Combo- 4 lanes)		
<b>AQUA ZUMBA</b>			5pm-5:45pm		5pm-5:45pm		

## POOL SCHEDULES ARE SUBJECT TO CHANGE

**Sauna: The sauna is open the hours that the Emery Pool is open. Must be 16+ years to utilize.**

### Some quick guidelines:

- Children ages 6-10 years must be accompanied by an adult at all times in the pool area.
- Children under 6 years of age as well as non-swimmers must be accompanied by an adult in the water at all times.
- Swim tests are given to anyone under the age of 18 years.
- A non-swimmer or child opting not to take a swim test must wear a US Coast Guard approved lifejacket in water that is over his/her head.

## POOL HOURS:

### Emery Pool:

Monday-Friday: 5:30am-7:00pm

Saturday: 7:00am-4:00pm

Sunday: 1:00pm-4:00pm

### Therapy Pool:

Monday-Friday: 7:00am-7:00pm

Saturday: 7:00am-4:00pm

Sunday: 1:00pm-4:00pm

## American Red Cross Course Offerings this Spring

### CPR/AED/FIRST AID:

May 18, 9am-11am \$75

### LIFEGUARD:

May 25 & 26, 9am-5pm \$140



# THERAPY POOL SCHEDULE

**BREAK WEEK: April 14-21**

**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>CLOSED FOR MAINTENANCE &amp; GUARD BREAKS</b>	12pm-1pm 3pm-4pm	12pm-1pm 3pm-4pm	12pm-1pm 3pm-4pm	12pm-1pm 3pm-4pm	12pm-1pm 3pm-4pm	12pm-1pm 3pm-4pm	<b>CLOSED</b>
<b>ADULT ONLY THERAPY</b>	7am-9am	7am-9am	7am-9am	7am-9am	7am-9am	7am-8am	<b>* Open until Memorial Day</b>
<b>OPEN/FAMILY SWIM</b>	9:30am-12pm 1pm-3pm 4pm-7pm	9:30am-12pm 1pm-3pm 4pm-7pm	9:30am-12pm 1pm-3pm 4pm-7pm	9:30am-12pm 1pm-3pm 4pm-7pm	9:30am-12pm 1pm-3pm 4pm-7pm	8am-12pm 1pm-3pm 4pm-7pm	
<b>STRETCH &amp; BALANCE</b>	9am-9:30am		9am-9:30am		9am-10am		
<b>SWIM LESSONS</b>				10am-10:45am	10am-10:45am		
<b>RENTALS</b>						2pm-3pm	
<b>SCHOOL GROUPS</b>		11:15am-12:15pm (12 kids)		1pm-2pm (12 kids)			

## POOL SCHEDULES ARE SUBJECT TO CHANGE

**Sauna: The sauna is open the hours that the Emery Pool is open. Must be 16+ years to utilize.**

### Some quick guidelines:

- Children ages 6-10 years must be accompanied by an adult at all times in the pool area.
- Children under 6 years of age as well as non-swimmers must be accompanied by an adult in the water at all times.
- Swim tests are given to anyone under the age of 18 years.
- A non-swimmer or child opting not to take a swim test must wear a US Coast Guard approved lifejacket in water that is over his/her head.

## POOL HOURS:

### Emery Pool:

Monday-Friday: 5:30am-7:00pm

Saturday: 7:00am-4:00pm

Sunday: 1:00pm-4:00pm

### Therapy Pool:

Monday-Friday: 7:00am-7:00pm

Saturday: 7:00am-4:00pm

Sunday: 1:00pm-4:00pm

## American Red Cross Course Offerings this Spring

### CPR/AED/FIRST AID:

May 18, 9am-11am \$75

### LIFEGUARD:

May 25 & 26, 9am-5pm \$140