



BRYMCA EMERY POOL SCHEDULE

April 23– June 9, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-8am LAP SWIM (4 lanes) OPEN SWIM (2 lanes)	5:30-8am LAP SWIM (2 lanes) AQUA COMBO (4 lanes)	5:30-8am LAP SWIM (4 lanes) OPEN SWIM (2 lanes)	5:30-8am LAP SWIM (2 lanes) AQUA COMBO (4 lanes)	5:30-8am LAP SWIM (4 lanes) OPEN SWIM (2 lanes)	7:30-9:15am LAP SWIM (3 lanes) OPEN SWIM (3 lanes)	1-4pm LAP SWIM (4 lanes) OPEN SWIM (2 lanes)
8-8:45 am AQUA COMBO (5 lanes) LAP SWIM (1 lane)	8-8:45am DEEP H2O AEROBICS (5 lanes) LAP SWIM (1 lane)	8-8:45 am AQUA COMBO (5 lanes) LAP SWIM (1 lane)	8-8:45am DEEP H2O AEROBICS (5 lanes) LAP SWIM (1 lane)	8-8:45 am AQUA COMBO (5 lanes) LAP SWIM (1 lane)	9:15-10:30am LAP SWIM (5 lanes) SWIM LESSONS (1 lane)	
9am –7pm LAP SWIM (4 lanes) OPEN SWIM (2 lanes)	9am –3:30pm LAP SWIM (4 lanes) OPEN SWIM (2 lanes) 3:30-5pm LAP SWIM (5 lanes) SWIM LESSONS (1 lane)	9am –1pm LAP SWIM (4 lanes) OPEN SWIM (2 lanes) 1-2pm SOUTHPORT SWIM LESSONS (4 lanes) LAP SWIM (2 lanes) 3:30-5pm LAP SWIM (5 lanes) SWIM LESSONS (1 lane)	9am-11am LAP SWIM (3 lanes) SECOND GRADE SWIM (3 Lanes) 11-5:30 pm LAP SWIM (4 lanes) OPEN SWIM (2 lanes)	9-10:30am SPECIAL EDUCATION SWIM 10:30am-5:30pm LAP SWIM (4 lanes) OPEN SWIM (2 lanes)	10:30-4pm LAP SWIM (4 lanes) OPEN SWIM (2 lanes)	Updated 4/5/2018
5:30-6:15pm AQUA DANCE (4 lanes) LAP SWIM (2 lanes)	5-7pm LAP SWIM (4 lanes) OPEN SWIM (2 lanes)	5:30-6:15pm AQUA DANCE (4 lanes) LAP SWIM (2 lanes)	5-7pm LAP SWIM (4 lanes) OPEN SWIM (2 lanes)	5:30-6:15pm AQUA DANCE (4 lanes) LAP SWIM (2 lanes)		
6:15-7pm LAP SWIM (4 lanes) OPEN SWIM (2 lanes)		6:15-7pm LAP SWIM (4 lanes) OPEN SWIM (2 lanes)		6:15-7pm LAP SWIM (4 lanes) OPEN SWIM (2 lanes)		

POOL SCHEDULES ARE SUBJECT TO CHANGE

SAUNA: The Sauna is open the hours that Emery Pool is open.

OPEN SWIM

- Children ages 6 –10 years must be accompanied by an adult at all times in the pool area.
- Children under 6 and non swimmers must be accompanied by an adult in the water at all times.
- Swim tests are given to anyone 18 & under



BRYMCA THERAPY POOL SCHEDULE

April 23 - June 9, 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
7:30-9am OPEN THERAPEUTIC (ADULTS ONLY)	7:30-9am OPEN THERAPEUTIC (ADULTS ONLY)	7:30-9am OPEN THERAPEUTIC (ADULTS ONLY)	7:30-9am OPEN THERAPEUTIC (ADULTS ONLY)	7:30-9am OPEN THERAPEUTIC (ADULTS ONLY)	7:30-9am OPEN THERAPEUTIC (ADULTS ONLY)	1-4pm OPEN SWIM	
9-9:30am AQUATIC STRETCH & BALANCE	9-2pm OPEN SWIM	9-9:30am AQUATIC STRETCH & BALANCE	9-10am YMCA TODDLER SWIM LESSONS	9-9:30am AQUATIC STRETCH & BALANCE	9am-11am OPEN SWIM	(updated 4/5/2018)	
9:30-10:15am SWIM LESSONS		9:30-1pm OPEN SWIM	10-2pm OPEN SWIM	9:30-10am OPEN SWIM			
10:15-7pm OPEN SWIM				10-11:45am YMCA MONTESSORI SWIM LESSONS	11-12pm RENTALS		
	2-4pm CLOSED (LincolnHealth Physical Therapy)	1-2pm SOUTHPORT SWIM LESSONS	2-4pm CLOSED (LincolnHealth Physical Therapy)	11:45-3pm OPEN SWIM	12-2pm OPEN SWIM		
	2-4:15pm OPEN SWIM	2-4:15pm OPEN SWIM	4-7pm OPEN SWIM	3-4pm YMCA FIT KIDZ	2-3pm RENTALS		2-3pm RENTALS
	4:15-5pm SWIM LESSONS	4:15-5pm SWIM LESSONS		4-5pm CLC PROGRAM	3-4pm OPEN SWIM		3-4pm OPEN SWIM
	5-7pm OPEN SWIM	5-7pm OPEN SWIM		5-7pm OPEN SWIM			

POOL SCHEDULES ARE SUBJECT TO CHANGE

OPEN SWIM

- Children ages 6-10 years must be accompanied by an adult at all times in the pool area.
- Children under 6 and non swimmers must be accompanied by an adult in the water at all times.
- Swim tests are given to anyone 18 and under; life jackets must be worn if the swim test is not passed.

LAP SWIM: Lap swimmers must be ages 14 and over and must be swimming laps.

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